



Scottish Week Sailing Taster Sessions (Ages 8-16)

Name:		Date of Birth (if under 18):	
Address:		Emergency Contact (inc address if different):	
Telephone number		Emergency Contact Tel:	
Please pick 1 st and 2 nd choice session times.			
Mon 18th, 10-12noon	Mon 18th, 2-4pm	Tues 19th, 10-12noon	Tues 19th, 2-4pm

Medical conditions

Please note that medical conditions will not normally exclude you from activities, but declaring them beforehand is important in case of an emergency.

Do you have any of the following? Asthma, bronchitis, heart condition, epilepsy, fits, blackouts, diabetes, allergies, other illnesses, or are you carrying any injuries or had any recent surgery?

If so, please give details:

Are you currently taking any medication?

Declaration

I consider myself physically fit to take part in the sailing activities and am confident in water wearing a lifejacket.

Signature of Parent Guardian (for those under 16):

Date:

To book your place, please return this form with a cheque payment for £10 a head, (*Payable to Aberdeenshire Sailing Trust*), to Angie Fraser, 2 Ardiffery Cottages, Hatton, Peterhead, Aberdeenshire, AB42 0SD. Online booking also available here:

http://www.aberdeenshiresailing.org/aberdeenshire_sailing_trust_018.htm

You can check availability of places by calling 07812 380834.

Please bring a towel, swimming costume, spare warm jumper and footwear that can get wet.

www.aberdeenshiresailing.org 07812380834 info@aberdeenshiresailing.org

Registered in Scotland as a charity SCIO SCO 043046

For the latest programme updates and changes visit
www.peterheadscottishweek.org and listen to Waves Radio (101.2FM)
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